Your Journey to Becoming One of the Most Powerful Women in the World!

Your Personal Power Map

Become unapologetically clear on your *true* goals and desires - those that thrill you. You will also access belief in yourself like never before. We help you expand your thinking and open up to receiving all you could ever imagine. Create the blueprint to success in every area of your life. Health, fitness, finances, business,



career, spirituality, family, relationships, love, sex, romance. You will be supported and guided through this process as you lay claim to the best time of your best life and sign off on the plan to actually make it happen. You will receive a Power Map to guide you and prompt you as you go on your journey with us.

- BIG thinking- learn it, be supported in it and believe it!
- Clarity on your true desires without apology
- Your awe-inspiring gifts and talents. What yours really are and how you'll use them to feel like a million, impact a million and make millions!
- Meditation, prayer and imagination to bring your deepest desires into reality
- Powerful Self-Talk so that you banish self-doubt forever and gain unwavering belief in your Personal Power to bring the life you've so far only dreamt of, into reality. See the millions. Feel the millions. Impact millions. Make millions
- More tools to develop the **mindset** for massive success. It's key
- Detailed Creation of your Power Map with clearly defined goals, time- lines, action steps and accountability



The Power of Love, Sex & Romance

A woman possessed by love feels capable of doing the IMPOSSIBLE. Passion drives both business and romance. Become an irresistible magnet in the bedroom and the boardroom. Learn to turn on and tap into sexual energy, and how to harness it to empower your health, wealth and perfect self-expression.

- The creation of hunger, passion and drive in every area of your life
- Building the sexy confidence that attracts health, wealth and meaningful relationships
- The power of FUN!
- Spicing up a mundane or passionless relationship, or finally attracting the romantic partner who sets your soul on fire
- Tap into your feminine power and taking intuitive charge in love and in business
- Magnetism. You become a magnetic woman, going through life with ease, grace and style



The Power of Money

WHAT **WILL** YOU DO WITH A MILLION DOLLARS? WHAT ABOUT 10 MILLION?

Ready to attract big money? The only thing that's been standing in the way of generating the income you want is you. Not anymore. Master your money mindset. Let go once and for all of the

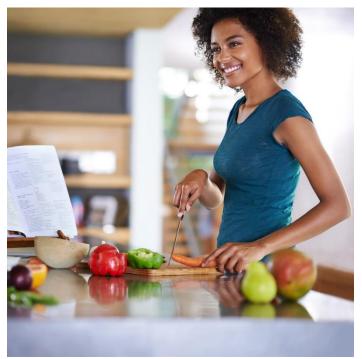


fears and doubts of not being enough, the untruth of being unworthy, and claim your power of being PRICELESS. You will claim and believe in whatever amount of income you decide on, you'll sign off on it, commit to it and learn how to actually make it happen. Nothing empowers a woman more than abundant financial independence and nothing can help the world more than a financially powerful woman with a good heart.

- The Power of a Definite Decision the decision to no longer be available for financial compromise
- Tools, practices and powerful self-talk to generate the income you want
- The setting of personal and business/professional financial goals that you're excited about crushing every month
- Practical Strategies to prosperously and properly price your products and services
- Effortless Sales the key to your business success
- A plan to eliminate debt and build a credit rating that banks and investors will be begging for your business
- Understand investment opportunities and the numbers to build your empire



The Power of Health



Master how to look and feel your best so that you can create and achieve your best. *How you feel about yourself determines your entire life!*

Building the wealth, power, and life of your dreams needs to happen from a strong, healthy mind, spirit and body. Dive deep into transformation and create a temple that is sacred. *Claim* the energy, vibrancy, and stamina to conquer your goals and live your big, free, prosperous life.

- A fool-proof, fitness regimen that excites you
- Nutrition tips that heal, rejuvenate and fuel your fire
- How to bring more FUN into your life so that you can access your zone of genius more often!
- Dress for success. Fashion and style tips for your body and brand
- Making the most of your unique beauty
- The best anti-aging practices
- Self discipline and why it matters
- Sexy Confidence! How to make it your effortless reality once and for all
- The creation of a powerful media kit that will make everyone look twice at what you have to offer in the world

The Power of Spirit

Do you feel spiritually connected and divinely guided in every area of your life? No matter what your beliefs, this month you strengthen your divine connection. You master the art of intuition. Listen to it, pay attention for it, and become fearless in trusting it. Co-creating with spirit is the most powerful force you can ever tap into to realize a life destined for you that is beyond your wildest dreams. Let go of small-minded thinking and unleash what the universe has in store for you!



- Tapping into the Divine and boldly let the universe know what you want
- The power of intention, and co-creating with spirit from authenticity in every area your life and business
- Practical tips and techniques to harness the power of prayer and/or meditation and the correct and explosive use of your imagination to build your empire
- Practicing gratitude and how to accept the abundance that flows freely to you
- Your intuition and listen, pay attention for and act upon the divine calling while building a massively successful empire
- The principals of philanthropy and the power of giving to make you the richest woman in the world
- Sharing your voice, inspiring message, and powerful story to light up the world

The Power of Family & Relationships

"When you make loving others the story of your life, there's never a final chapter, because the legacy continues. You lend your light to one person, and he or she shines it on another and another and another. And I know for sure that in the final analysis of our lives- when the to-do lists are no more, when the frenzy is finished, when our e-mail inboxes are empty- the only thing that will have any lasting value is whether we've loved others and whether they've loved us." –Oprah



Relationships are our greatest gifts, and also our greatest teachers. We dive deep into the power of our relationships and what they mean to us. The bonds we need to strengthen, the forgiveness to move forward, and those we may even need to let go of. Business relationships are also discussed as one of the most valuable

parts of our success. We delve into the power of collaboration, partnerships, networking, client relationships, building a successful team, and creating a tribe that elevates us with love, energy and inspiration to bring out the best in each other.

- What relationships to prioritize and how to go about it
- Self love and why it matters
- The immense power of forgiveness
- What relationships you need to let go of as you walk confidently to your next level
- Massive business growth through collaboration, partnerships and networking
- Attracting and sustaining ideal clients and customers through trust, integrity and valued products and services
- Your business dream team to accelerate your success
- The building of an enormous tribe and social media following that cannot get enough of your knowledge, inspiration and help

The Power of Obstacles and Challenges

Are you struggling? Trying to constantly figure out how your goals and dreams are going to happen for you? Are you sometimes feeling frustrated, defeated, or hopeless?

What we know for sure is that in our darkest moments, God is doing his most powerful work in bringing out the greatness in you.

Rejection is divine intervention! Obstacles and challenges are our greatest teachers and give us the divine guidance that is needed to help us navigate our path to our best life!

Perhaps there are mountains that you are *carrying*, that you were only meant to climb...

- Accountability of your plan to your best, most prosperous, confident, healthy, wealthy, generous and gorgeous self
- Your WHY. Why do you want this, and what are you willing to do to achieve it? When your why is stronger than your excuses, your millions will come!
- The conquering of challenges you're facing
- Gaining clarity, vision and perspective in any situation
- Self compassion, forgiveness, fears and failures
- Acknowledgment of what is no longer serving you, and the power of surrendering
- Asking for the help and support you need to be super-successful
- Celebration of YOU
- The life-changing art of ENOUGH

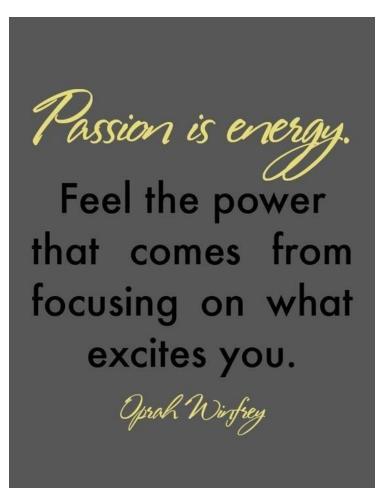


The Power of Passion

Passion is energy. Feel the power that comes from focusing on what excites you! We turn up the heat and passion to become unstoppable. When you're able to fully embrace the passion that sets your soul on fire it flows abundance into every area of your life. What do you want more of? More money, more great sex, more clients, more time to enjoy life? This month we fuel our passion, define our purpose and tap into our zone of genius to manifest our deepest desires!

Master:

- The courage to jump without wings to create passion in every area of your life!
- Refining your Purpose – it's powerful
- Stepping up your game by mastering sexy confidence
- Becoming a magnet to wealth, abundance, dream clients, meaningful relationships, exciting opportunities and so much more
- The creation of edgy content and innovative marketing tips that drive clients



wild for your products and services

• Social media mediums like YouTube, Instagram, Facebook, LinkedIn and Tik Tok to leave your fans and following wanting MORE, MORE, MORE!!!

The Power of Freedom

They say money can't buy happiness, but what if you never worried about money ever again? What does financial freedom look like for you? Your dream home, a second home in the Caribbean? Building a school? The ability to travel the world with your family and friends in first- class? To send your children to any college in the world, or to have so much abundance in your life that your philanthropy and giving could flow freely to the causes that mean the world to you? This month we look not what you need, but what you want and how to create a financial freedom plan that guarantees financial success for life!



- A rock solid money mindset second to none
- Taxes, estate planning, insurance, and retirement strategies
- Hiring professionals as part of your dream team for success.
- Debt ratios, credit cards and credit scores, and how to use debt and credit to your advantage
- The use of investments to accelerate your financial goals
- Your philanthropy plan for giving and creating the change you want to make in the world
- The value of your time, products and services
- New products, services, businesses or investments to expand your empire to a whole new level
- Your legacy

The Power of Vitality

The meaning of Vitality:

- exuberant physical strength or mental vigor: a person of great vitality
- capacity for survival or for the continuation of a meaningful or purposeful existence: the vitality of an institution



- 3. power to live or grow: the vitality of a language
- 4. vital force or principle

Are you living with vitality? Is everything you do, live and breathe fueled by a strong body, healthy mind and a purposeful existence? Analyze your personal and professional growth. Are you building the body, mind and spirit to support the vital force that you are contributing to the world? The powerful energy you give needs to come from a powerful source. If you are going to rock the word, you need to build a bullet proof Mother Ship.

- The use of stress as your inner guidance
- Your ultimate fitness goals Kick it up a notch! Ready to get into the best shape of your life?
- Sleep, rest and relaxation for optimal performance
- Your hormones and the effects they play in every area of your life
- Optimal food and nutrition to feel fabulous plus the effective use of cleanses and fasting
- Bringing sexy back!
- The use of Self-Talk and Spirituality to be the best version of yourself you can possibly be from this moment on

The Power of Surrender

Along our journey there is no doubt we have a lot to process, verbally, physically, mentally and emotionally. Transformation does not happen without



acknowledging what we needed to let go of, show gratitude for all the lessons and wisdom gained and releasing what no longer serves us on our path. We connect and strengthen our divine guidance in preparation for walking confidently into the next level of our life. You tap into your future self and

gain the insight and clarity of who you are, where you are being called and the vision to make it all possible.

- A reflection of the woman you were when you started this journey. A snapshot of who you are today, and the vision for your even greater future
- Meditation and prayer to align your spiritual being to your physical calling
- Your continuous divine connection
- The power of surrender, forgiveness and true healing
- Gratitude for everything that has transpired so far and the gifts and wisdom it has bestowed on you
- Becoming Fearless
- Clarity of your greatest vision

The Power of Success

As the great Maya Angelou said, "Success is liking yourself, liking what you do, and liking how you do it."

How do you measure success? For each of us this can look quite different. The truth is, many of us never take the time to celebrate our wins and acknowledge just how far we have come. Month by month, week by week, and day by day, it's important to celebrate all the milestones, accomplishments and ah-ha moments that have shaped you into the amazing, powerful woman you are today!

We take some time to look at your future goals in this crazy adventure called life. Where is your soul calling you next? What wild dreams are stirring in your heart, and how this sisterhood of Powerful Women



can support, love and encourage you along the way.

- Motivation and what drives you to succeed
- Alignment of your souls' purpose in your business
- Celebration and acknowledgment all your amazing accomplishments
- *Reflection of lessons learned, wisdom gained, and gratitude from this powerful process*
- Building your tribe and the importance of support and encouragement
- Spoiling Yourself!!! Yes, you have earned it!

The Power of Speaking

Have you always dreamed of inspiring millions of people through your powerful message? Stepping onto stages around the world and moving audiences with your story, passion, and purpose? Speaking is one of the most powerful ways to make an impact and build a massively successful business!

Whether it an audience of 10,000 or 1, it's crucial to master the art of communication and to clearly articulate your message, stories, and ideas to motivate, inspire and excite others to take action!



- Why you and your message needs to be shared with the world
- How to craft your unique and powerful TED style talk
- Tips for a soul-stirring and unforgettable delivery
- How to turn your message into profit
- Mistake's speakers make
- Secrets from the stars

The Power of Writing

From sales and marketing copywriting, to blogs, articles and books, your ability to effectively utilize the written word can make you millions!

- The importance of brilliant marketing copy and content creation so that you always have plenty of prospects
- Great sales copy so that you convert prospects into buyers
- How to write, publish, market, and sell a best-selling book
- How a book can give you powerful credibility and how best to utilize it to build your business & brand
- How to write great articles and blogs and how to get them seen and read by your target market
- Power over procrastination so that you finally get it written
- Book clubs, launches, events and tours to promote your book and build your business



The Power of Manifesting

You've joined 100 Most Powerful Women because you want to look like a million, feel like a million, impact millions and make millions of dollars, right? So, let's manifest it all! In this module you will learn the exact steps to manifest everything you desire in your life! You do have the Power to be, do and have everything you want to be, do and have; you just have to know how to access that power!

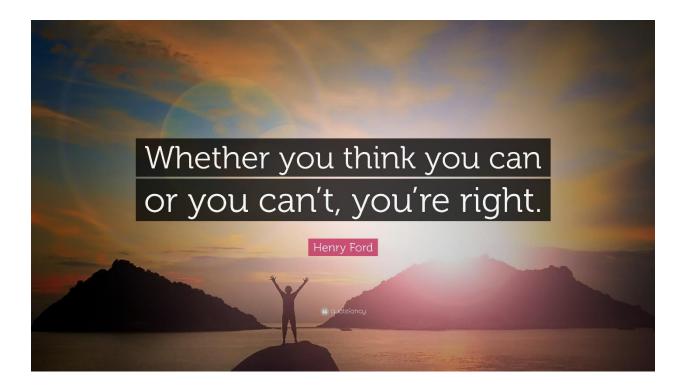
- The exact steps to manifesting EVERYTHING you desire
- Completely giving up the need to know "how" it's all going to happen
- Suspending all disbelief
- Loving limbo and uncertainty! The place of uncertainty is the place where anything is possible!
- Maintaining unwavering faith during the manifestation process
- Dropping all worry, doubt, and fear as you trust the process
- Persisting until your dream becomes your reality
- Clarity on what you want and the magic of co-creating with the divine
- Becoming fearless in taking inspired action



The Power of Mindset

"A man is literally what he thinks, his character being the complete sum of all his thoughts" James Allen. Your thoughts and beliefs create your life. Change your mindset, change your life. What is your mind currently "set" at regarding Money? Love? Health? Contribution?

- Thinking like a multimillionaire!
- How to give up a poverty or lack mindset and create an ironclad and prosperous money mindset that is reflected in your bank account
- Effectively using the power of awareness to alter your mindset
- The powerful use of words to shift your old subconscious beliefs
- How to disregard the opinions of others in the process
- Kicking imposters syndrome to the curb
- Building unshakable confidence so that you can look like a million, feel like a million, impact a million, and make millions
- Your daily routine to set yourself up for success every day



The Power of Goal Setting and Decision Making

"The world is full of flat squirrels who couldn't make a decision" Sharla Brown! It's time to make some decisions and set some goals. A decision is a very powerful thing. The word "decide" comes from the Latin word meaning "to cut off." When we make a decision, it has tremendous power because we "cut off" all other options. And as for goals, they're critical stepping stones en-route to our dreams. The Divine does not give us what we are not prepared to move towards.

Master:

- The art of making a decision by tapping into intuition and spirit
- Confidence regarding decision making
- The 2 most important elements of goal setting
- Sticking to your goals no matter what because you undermine your belief in yourself every time



you set a goal and give up on it

- How to reach your goals by taking inspired action
- Removing the safety net and having no Plan B
- How to take calculated risks
- Failures and mistakes and embracing the journey of what they are preparing you for
- Letting go of beating yourself up and practicing self love, self care and compassion

The Power of Clarity and Intention

The Universe does not respond to wishy-washy dreams, it responds to clear and bold declarations and intentions. We cannot receive what we do not know we want or what we are not prepared to powerfully ask for and prepare for. Do you know what you truly desire in all areas of your life? Have you made your intentions very clear to yourself and the Universal Spirit?

- The art of figuring out what truly lights your fire
- How to boldly ask the universe for your deepest desires
- Tapping into Divine Guidance for your clarity
- Your true desires and how to quit apologizing for what you want
- How to drop the fear around asking for the "wrong" things
- Setting intentions and maintaining faith as they manifest
- How to break through limiting beliefs
- Becoming the best version of yourself to change the world



The Power of Big Dreams and Imagination

Albert Einstein said "Imagination is more important than knowledge. Knowledge is limited. Imagination encircles the world." By imagination we have the power to be anything we desire to be, and it all starts with a dream. The larger our dreams, the more of our potential we are required to access - and since happiness is the joy we feel when we're in pursuit of our full potential, big dreams hold one of the keys to happiness!

Master:

- Dreaming a bigger dream and learn why it matters
- Where and how to find inspiration for your bigger dream
- *How to use the power of imagination to bring your dreams into reality*
- Effectively incorporating imagination in your daily meditation by creating your very own mind movies
- Thinking from the desired state instead "of" the desired state
- Persisting in the imaginative state until it solidifies into fact
- What brings you joy and happiness
- Creating your life's vision

Imagination is everything. It is the preview of life's coming attractions.

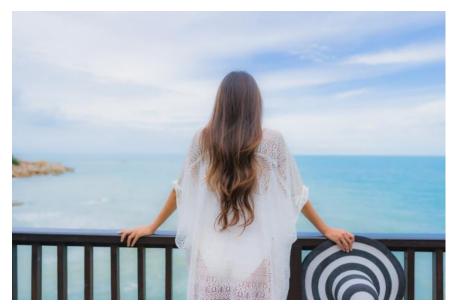
Albert Einstein

The Power of Consciousness

Rise to another level of consciousness and you will find a new world waiting for you. Who are you being right now? We don't get what we want in life, we get what we are BEING. What is your current concept of yourself? Your thoughts and beliefs about yourself and life in general are determining everything you are experiencing right now.

Master:

- Audaciously laying claim to the person you desire to be right now
- How to walk, talk and live as the person who already looks, feels, impacts, and makes millions!
- Effectively changing your concept of yourself
- Assuming the feeling of your dreams having already come true



• Persisting in the assumption until it becomes a fact